

The Aikido Center of Los Angeles, 940 2nd St. #7, Los Angeles, CA 90012. Tel: (213) 687-3673. Website: www.aikidocenterla.com.

# Aikido Center of Los Angeles

## The Aiki Dojo

Affiliation: The Aikido World Headquarters, 17-18 Wakamatsu-cho, Shinjuku-ku, Tokyo, Japan  
Los Angeles Sword & Swordsmanship Society Kenshinkai Headquarters  
Office of the President: Nanka Yamanashi Kenjin Kai Southern California Yamanashi Prefectural Assoc.  
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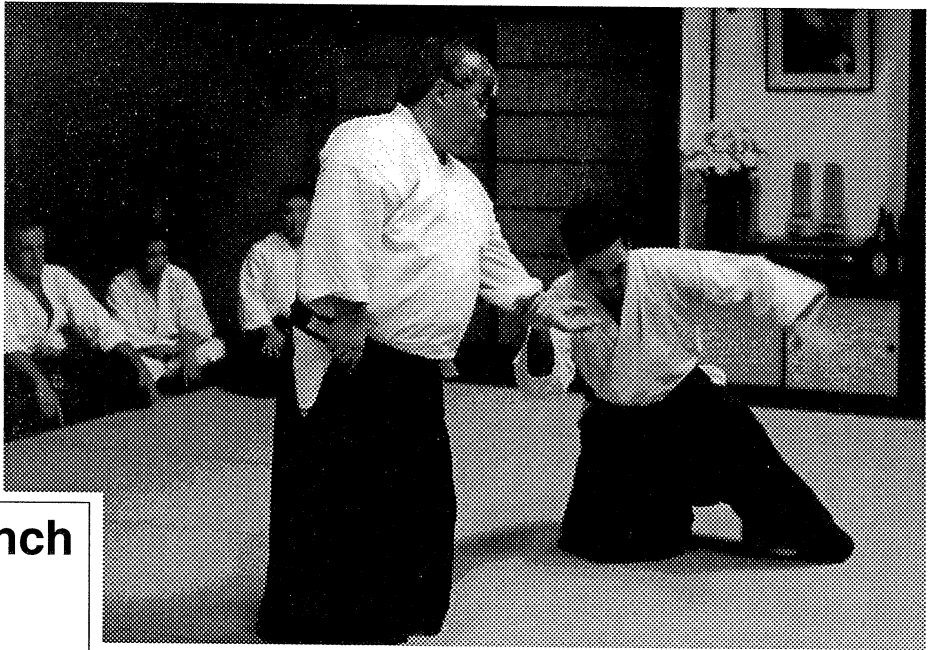
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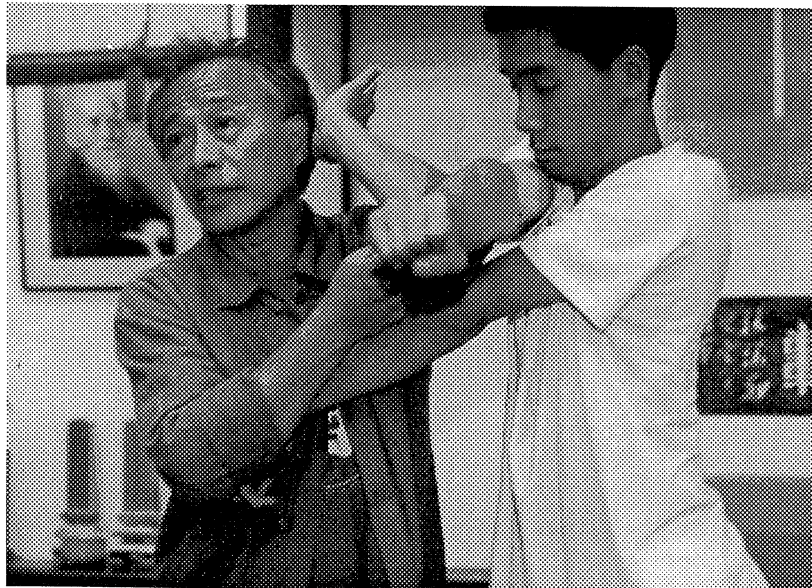
### Welcoming Master Hsu to Los Angeles Aug. 8.

It was nice to see Master Adam Hsu in Los Angeles after several years since he moved back to Taipei from his home of about 20 years, San Francisco. Master Hsu taught a seminar on Chen Style Taiji and Internal Kung Fu and spent several days in Los Angeles. About thirty people attended his class and enjoyed meeting him. He is one of the top Kung Fu masters in the world today.



Furuya Sensei demonstrating at recent Nisei Week Aikido Demonstration.

### Dojo Establishes Branch In Grand Freeport, Bahamas. Sept. 23th.



### Nisei Week Japanese Sword Lecture. Aug. 20.

A nice crowd gathered on August 26 for the last event of Nisei Week 2000 and our last main summer event of the year. Sensei presented a lecture on the rare Yagyutsuba sword guards. Gary Myers, Yoshino Japanese antiques, of our Iaido department presented a display

### Deepest Condolences: Ken Watanabe's Mom Passes Away. Aug. 30.

Master Adam demonstrating Taiji usage at seminar. Mark Ty is the uke. About 30 members participated.

**Aikido Center of Los Angeles**  
**NEWSLETTER**



Master Adam Hsu with Seminar participants. August 8 in the Dojo.



many teachers here I told him. When he said Master Hsu's name and I told him I knew him well, he didn't believe me at all. So I called up Master Hsu and handed the telephone over to this very surprised young man. He moved from Japan to the Bay area and still studies under him. Master Hsu is an excellent traditional teacher. Welcome to Los Angeles!

***Our New Dojo E-Mail Express:***

If you wish to be on our Dojo E-Mail Express to hear the latest Dojo news, events, last minute schedule changes, submit your e-mail address to Cheryl, and you will always be up-to-date with everything that goes on in Our Dojo.

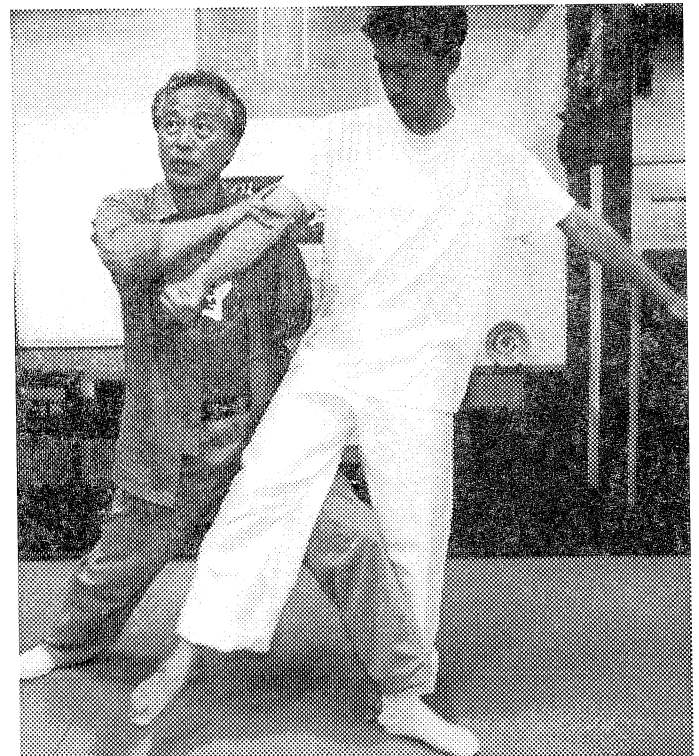
This was Master Hsu's 8th Seminar at our Dojo over the years. Sensei first met Master Hsu in 1978 at the International Martial Arts Exhibition in Oakland.

Master Hsu discussed many basic principles of Kung Fu such as grounding and the mental aspects of Kung Fu techniques and how they are applied to movements.

Several of Master Hsu's old students also joined in the Seminar. Coincidentally, Master Hsu was also able to meet Naoji Karita Sensei, a sword polisher from Tokyo, visiting Sensei on the same day, who is also an avid student of Taiji and has studied a little under Master Hsu. Master Hsu

has taught all over the world and currently teaches students in Tokyo and Nagoya, Japan, as well. He still maintains several schools in the Bay Area where his Traditional Wushu Association is still based. His book, the *Sword Polisher's Record*, is available in the Dojo. We will welcome Master Hsu again on his scheduled visit to Los Angeles in February of 2001, during the Chinese New Year.

Many years ago, a student of a friend of mine came to visit Los Angeles and mentioned that he was looking for a "very famous Kung Fu Master." I asked him who it was because I know



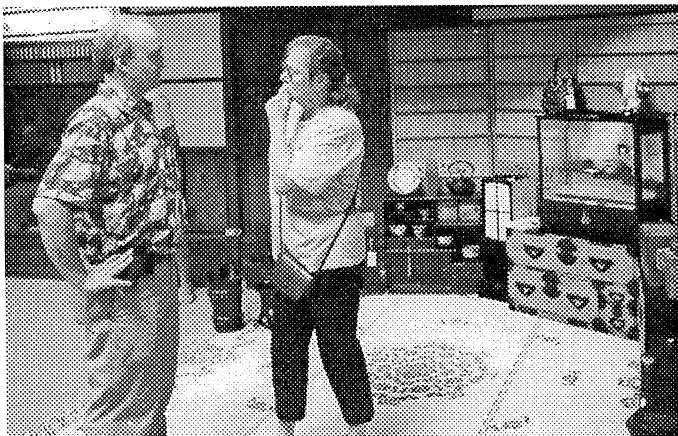
Master Hsu throws Mark with Taiji technique.

## Nisei Week Japanese Sword Lecture: Introduction To Yagyu Tsuba. Aug. 20.

Continued from 1st page:  
and sale of Japanese antiques and Mike Van Ruth had another successful ceramics sale outside by the entrance. The weather cooled slightly and everyone enjoyed a nice day in the Dojo. Sensei talked about the use of the Japanese sword guard tsuba, the Yagyu Shinkage Ryu and how its principles of swordsmanship were represented in special designs on Yagyu tsuba. Some of the unusual designs were "Fuho" or "sailboat" which represents mental awareness and spontaneity as a sailor must use his senses to catch the wind with the sail in order to drive the boat. Another was "Suigetsu" or "moon reflected in the water,"



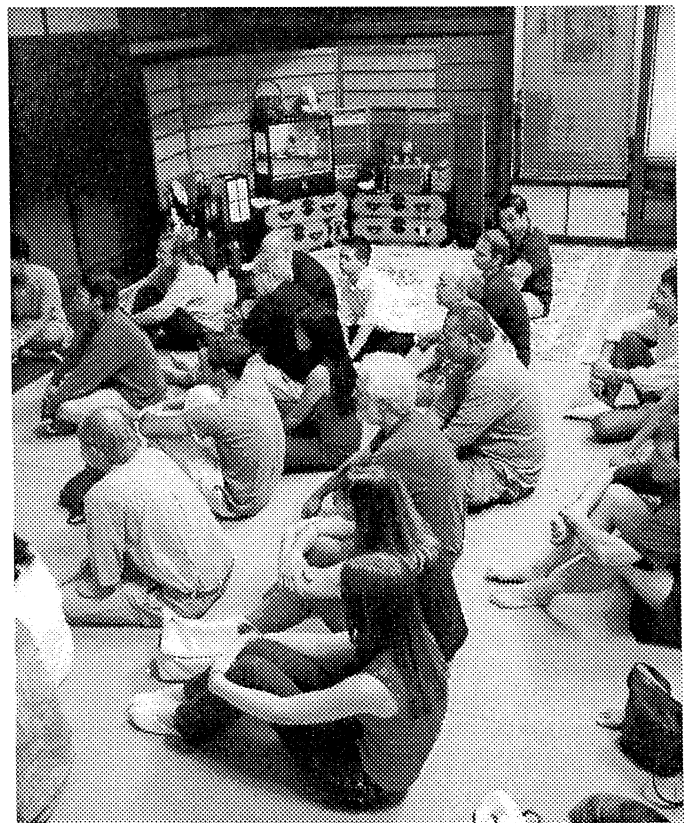
which represents the mind's ability to see what is real and which is just a reflection of the mind in order to catch the opponent's technique and movement of his sword. Another guard was "Suisha," or "water wheel" which means to move like the rays of the sun move in and out between the ocean waves. All illustrate the mysterious principles of the Yagyu Shinkage Ryu swordsmanship. Everyone enjoyed the lecture.



Gary speaking with a collector of Japanese antiques.



Guests admiring Mike's hand-made ceramics.



Many guests attended the Nisei Week cultural event.



## Two Real Troopers



August 31, 2000. Mrs. Tokiko Ishii closing her Tokyo Gardens after 40 years to look after her husband with cancer; Ken Watanabe just returning from a meeting to arrange last rites for his Mother who just passed away.

### *Deepest Condolences*

*Deepest condolences to Mr. Ken Watanabe and the Watanabe Family on the Passing of Mrs. Mitsuko Watanabe on August 30th, after a long illness. The late Mrs. Mitsuko Watanabe is Ken's beloved Mother. Services were on September 9th at the Zenshuji Soto Mission.*

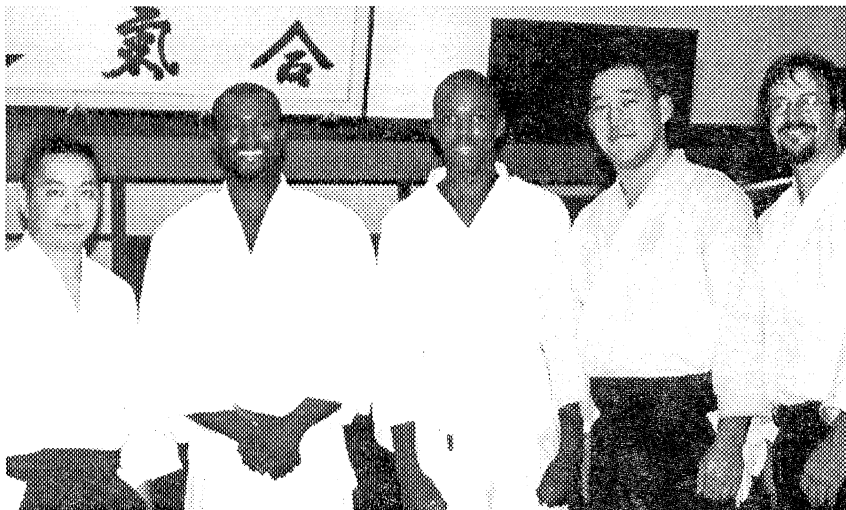
*Flowers were presented by the Dojo members, the Children's Class, the Iaido Kenshikai members and from Furuya Sensei personally. Our Deepest Sympathies.*

*The Aikido Center of Los Angeles  
ACLA Yudanshakai, ACLA Children's Class  
Iaido Kenshinkai, Rev. Kensho Furuya*

## Thank you:

*To Aikido Center of Los Angeles,  
Thank-you to Sensei, and all members of the Aikido, Iaido and Children's classes for attending the funeral services of Mrs. Mitsuko Watanabe, Ken's mother. Thank-you for the beautiful floral wreaths and the generous Kodan. Your support and friendship during Ken's time of bereavement has helped him tremendously. Also, thank-you for your show of support and attendance at the funeral. It made Ken very happy to see all of you there. He is very fortunate to have a family in you all. Thank you again for your love, support and friendship.  
Sincerely,  
Carol Tanita, for the Watanabe Family*

## Seymour Clay & Luchner Timothee Establish Bahamas Aikikai. Sept. 16.



With Kenny Furuya, Ken Watanabe and Bill D'Angelo after one week of training.



Sensei received several calls from the Bahamas from someone who said that they had been studying Sensei's video tapes for the last several years everyday and wanted to come to Los Angeles for training. It was a pleasant surprise with Seymour Clay and Luchner Timothee from Grand Freeport, Bahamas, arrived in Los Angeles on Sept. 16 and stayed for one week training at the Dojo. Although it was their very first time on the mats in a formal class, they did excellently and displayed a great attitude. Everyone in the Dojo enjoyed their friendship and practicing with them.

Both work as chefs in a big restaurant on the island and both dream of one day having their own dojo in their home. At the moment there is no Aikido in the Bahamas. Both were given permission by Sensei to follow their dream and establish the new Bahamas Aikikai. Good Luck and see you again soon!