



AIKIDO CENTER OF LOS ANGELES NEWSLETTER

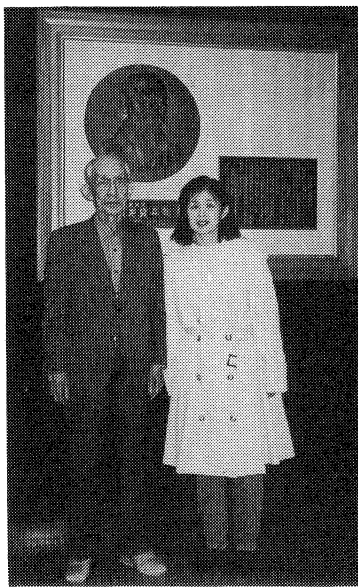
940 E. Second Street #7
Los Angeles, California
90012
(213) 687-3673

古屋顯正師合氣道三十周年記念

May 1, 1993

Volume IX. Number 5.

Celebrating 30 Years of Aikido



Mitsuko-san Visits Hombu Dojo

Mitsuko Yoshimoto, 2nd Dan, recently visited Japan during March and April to visit her parents in Kobe and practice Aikido.

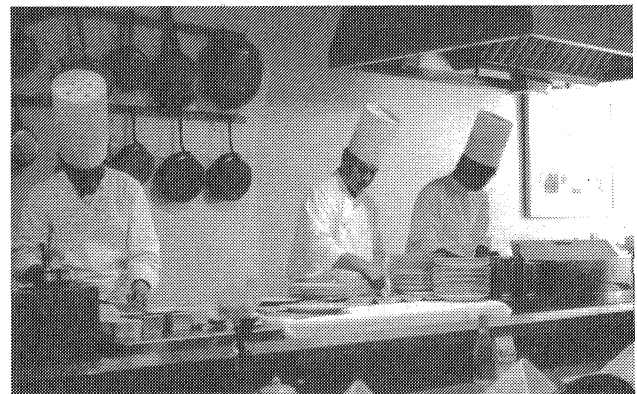
Photo shows Aikido Doshu, Kisshomaru Ueshiba Sensei and Mitsuko before the Founder's Memorial Plaque in the entrance of the Aikido Hombu Dojo in Tokyo, Japan.

Sensei Visits Seattle

Sensei made a trip to Seattle in April to visit friends. He met Mr. Tim Shimonono a long time subscriber of our dojo Newsletter who showed Sensei around and gave him 1st class hospitality and a birthday party with his family at Seattle's Miyako Restaurant in Seattle's old Japan Town. Sensei also visited the gravesite of well known movie star Bruce Lee and his son, Brandon Lee, who was killed recently in a tragic accident on a movie set.



ACLA 30TH ANNIVERSARY PARTY ON APRIL 24TH A BIG SUCCESS



Chef Matsuno and his staff at the Grille Lyon in the Honda Plaza, Little Tokyo, busy preparing a wonderful dinner of French cuisine for dojo members. The entire restaurant was rented for the evening for our private party.



Sensei with Kevin Sonico, Brian Kanegawa, Steve Tarango, Mr. & Mrs. Andy Kissel and Kenny Furuya. Grille Lyon April 24.

53rd Nisei Week Aikido Demonstration on August 8th. Japan America Theatre

古屋顯正師合氣道三十周年記念

30th Anniversary Party Grille Lyon



Master Chef Matsuno at work.



Yasushi Matsuki, James Doi and Ken Watanabe.



Richard Eloriagga, David Ito, Mark Moore, Dr. Cheryl Lew, Eric Rubacalva, and Mark Shprintz.



Esther Tudor, Mitsuko Yoshimoto, Joe Quinn and friend, and Dr. Bach Le.



Bill Gillespie, Dr. Hieu Nguyen, Jeff Wheeler, Gary Myers and Dan Yoshimura.

The specially prepared menu consisted of seafood pate appetizer, cream of vegetable soup, a choice of filet mignon with prawns or salmon with lime sauce and scallops, followed a fresh green salad with asparagus, Matsuno's famous cheese cake and coffee.

Congratulatory speeches were given by Gary Myers, Dan Yoshimura, James Doi, Yasushi Matsuki, Bill Gillespie, Steve Tarango and others. Dan grade certificates from Japan were presented to James Doi (2nd Dan), Yasushi Matsuki (2nd Dan), and Mitsuko Yoshimoto (2nd Dan) and Jeffrey Wheeler (2nd Dan Iaido).

Special guests, Dan Yoshimura has been with Sensei for 25 years and James Doi for 24 years.

古屋顯正師合氣道三十周年記念**Temporary Schedule Changes****Aikido Morning Classes**

The 7:00am morning class are Mondays, thru Fridays. Please join us for practice. Mr. Bill Gillespie and Mr. Curtis Westfall will be teaching the Friday morning class. Mr. Kenny Furuya will continue teaching Mondays thru Thursdays.

Iaido Schedule Changes

Because of the upcoming Nisei Week Festival demonstration, the monthly 6:30am Iaido Intensive Seminar will be cancelled through August. No class on the very last two class days of the month.

The Wednesday evening class will be taught by Mr. Jeff Wheeler, 2nd Dan, and will concentrate on Iaido - 1st tradition. The Sunday morning class will be taught by Mr. Gary Myers, 4th Dan, and will concentrate on Battodo. The Saturday morning class will continue to be taught by Sensei and emphasize the basics.

Please note the above changes.

Greater Little Tokyo Anti-Crime Association

Our dojo is participating in our neighborhood anti-crime group in the Little Tokyo and downtown area. Any incidents of crime in our area or around the dojo should immediately be reported to Sensei who will directly report it to the LAPD officer in charge of our area. This includes robberies or break-ins, however minor.

Please cooperate. Also, ladies members of the dojo should be escorted to their cars in the evening by a male, senior student. Thank you.

BLACK BELT EXAMINATION REQUIREMENTS

1. Suwari-waza Shomenuchi. Ikkyo through Gokyo. Irimi & Tenkan.
2. Hanmi-handachi Ushiro Ryokata-tori. Ikkyo through Yonkyo. Irimi & Tenkan.
3. Tachi-waza Ushiro Ryohiji-tori & Ryote-tori. Ikkyo through Yonkyo. Irimi & Tenkan.
4. Tachi-waza. 5 techniques for all standard attacks.
5. Tanto-tori. 5 techniques.
6. Tachi-tori (Sword techniques). 3 techniques.
7. Jo-tori. 5 techniques.
8. Four man randori.
9. Kokyu-dosa.
10. Must take ukemi for another candidate.

June 6th. Black Belt Examination for Dr. Hieu Nguyen, Mr. Norman Lew and Mr. Rick Parents.

August 1st. Black Belt Examination for Mr. Andy Kissel, Mr. Mark Shprintz, Mr. David Ito.

THE CELEBRATED MOUNTAINS "Spring Breeze"

Subscribe now to Master Hsu's "Celebrated Mountains" Quarterly Newsletter. \$5.00 a year.

Please remit your subscription fee, payable to the Adam Hsu Kung Fu School, and send in care of the Celebrated Mountains Publishing Center, PO Box 1075, Cupertino, CA 95015-1075.

古屋顕正師合気道三十周年記念

Letters:

The class and I sincerely appreciate your presentation as our guest speaker on Buddhism. You are a truly fine ambassador of your religion. I hope you will be available next year if the class is offered.

Please accept the enclosed students evaluations of your presentation.

Richard Antekeier, Instructor
Montebello High School
4-2-93

MANY THANKS

To Mr. Ted Takeuchi, a senior student from the old Hollywood Dojo, who helped with the dojo income taxes on April 10th.

To Mr. Bill Gillespie, 1st Dan, who is working towards the dojo's official Non-Profit Status.

To Mr. Jeff Wheeler, Iaido Section, who help finish and install the gate to the dojo. A very nice job.

NEWS ITEMS

Mr. Ken Watanabe took off several days in April to attend his friend's wedding in Jose.

Sensei has been re-elected to the 1993 Board of Directors to the Greater Little Tokyo Anti-Crime Association.

HAPPY BIRTHDAY WISHES to Ken Watanabe on April 10th, to Mitsuko Yoshimoto on April 12th and to Sensei on April 25th.

Correction

The lecture on Miyamoto Musashi, the Swordsman, was postponed from April 18th to May 23rd due to Sensei's trip to Seattle, Washington.

We apologize for any inconvenience this may have caused.

Important Dates

May 1st & 2nd. JACCC Arts and Crafts Faire. Aikido has an information booth and we need volunteers for both days. Everyone! Please join us at the JACCC event.

May 8th. Aikido Demonstration for the Children's Day Festival on May 8th at the Japanese Village Plaza.

May 9th. Mother's Day. All ladies in the dojo are invited to lunch from 11:30am after the morning class. At the Empress Pavilion in Chinatown.

May 22nd. Black Belt Meeting from 12:30pm after Advanced Class. (Saturday)

May 23rd. Lecture: "The Life of Miyamoto Musashi, the Swordsman." From 1:00pm. Part of our Dojo 30th Anniversary Celebration Program.

May 31st. Memorial Day. Dojo closed. Please drive carefully.

June 6th. Black Belt Examination for candidates: Dr. Hieu Nguyen, Mr. Norman Lew and Mr. Rick Parents.

July 5th. Independence Day. Dojo closed.

August 8th. Annual Nisei Week Aikido and Martial arts Demonstration at the Japan America Theatre. Finale of the 30th Anniversary Celebration. Admission is \$15.00 please tell & invite your friends.

Mark your calendars!

古屋顕正師合気道三十周年記念



Tim Shimono and Torrie Shimono at a Ivar's Salmon Restaurant. Tim entertained Sensei during his trip to Seattle. Torrie trains in karate and his school is affiliated with Fumio Demura Sensei.

Seattle is a beautiful place with beautiful mountains, lakes, flowers and trees. Seattle also serves great coffee and has a great museum.

Sensei's Birthday Party

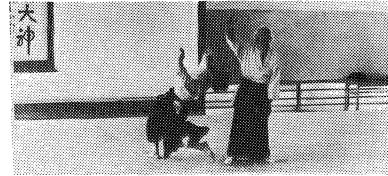
Sensei celebrated his 45th birthday on Sunday, April 25th, at the Empress Pavilion in Chinatown with a few of his students. Everyone enjoyed a nice dim sum luncheon. We were also fortunate to have Nick Kirtz from Washington, D. C. attend along with his friend. Nick practiced at the dojo for three days during his visit to Los Angeles. Nick recently started an Aikido class at the military academy at Annapolis.



DOJO'S NEW GATE

The dojo has a new look with the recently constructed gate which decorates the entrance of the dojo. This creates a transitional space between the dojo and the outside world. One should leave all his cares, worries and the competitive dog-eat-dog world outside when he enters space of the dojo.

ACLA 30th Anniversary Celebration & 53rd Nisei Week Annual Aikido and Japanese Martial Arts Demonstration



JAPAN AMERICA THEATRE

August 8, 1993
Sunday from 12 noon.

Please invite your friends to this very important and special event. Tickets are \$12.00 per person, \$15.00 at the door.

Tickets will be on sale from the end of May.



LOTUS FESTIVAL

July 10th & 11th.

Echo Park

古屋顯正師合氣道三十周年記念

Daily Training Schedule

Beginning Open Classes

Mondays thru Fridays
7:00am - 8:00am

Mondays thru Fridays
6:15pm - 7:15pm

Mondays, Wednesdays & Thursdays
7:30pm to 8:30pm

Saturday Mornings
10:15am - 11:15am

Sunday Mornings
9:45am - 11:00am

Advanced Classes

2nd Kyu & Up Only.

Participation also by special permission.
Please bring bokken, tanto & jo.

Tuesdays
7:30pm - 8:30pm

Saturdays
11:30am - 12:30pm

Black Belt Meeting
Third Saturday of the Month.
12:30pm - 1:30pm

Advanced classes are closed to all spectators, members and non-members. However, the Black Belt Meetings are open to all members by prior approval. Please see Sensei.

Children's Class

From 7 yr.s to 19 yrs.

Sunday Mornings
8:30am - 9:30am

Kenshin Kai

Iaido Japanese Swordsmanship
LA Branch of the All Japan Battodo Fed.

Wednesdays
8:45pm - 9:45pm

Saturdays
9:00am - 10:00am

Sundays
7:30am - 8:30am

Rafu Token Kai

Los Angeles Japanese Sword Society

Informal study of the Japanese sword, its
history, appraisal and related arts.

First Friday of the Month
7:30pm - 9:00pm

Note:

Meetings will not be held until the finish of the Nisei Week Demonstration at the Japan America Theatre in August, 1993.