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The Aikido Center of Los Angeles, 940 2nd St. #7, Los Angeles, CA 90012. Tel: (213) 687-3673. Website: www.aikidocenterla.com.



The Aikido Center of Los Angeles LLC
忘れられた心を探す合気道 合気道場
The Aiki Dojo

Affiliation: The Aikido World Headquarters, 17-18 Wakamatsu-cho, Shinjuku-ku, Tokyo, Japan
Rev. Kensho Furuya Foundation
Los Angeles Sword & Swordsmanship Society Kenshinkai
Nanka Yamanashi Kenjin Kai Southern California Yamanashi Prefectural Association
Los Angeles Police Department Martial Artist Advisory Panel

\$3.95
Donation

March 1, 2004 Special Anniversary Issue. Volume XXIII. Number 3.

Our 30th Anniversary Celebration

April 28, 2004 from 6:00pm. New Otani Hotel, Little Tokyo



Aikido Center of Los Angeles Yudanshakai Black Belt Association welcomes all of our honored guests at our 30th Anniversary Celebration.

Welcome To Our Special Celebration
100th Anniversary of the Nanka Yamanashi Prefectural Association
30th Anniversary of the Aikido Center of Los Angeles

Welcoming Hideo Yonemochi Sensei from Aikikai Hombu Dojo.

Aikido Center of Los Angeles
www.aikidocenterla.com

Everyone Is Cordially Invited!

Our Double Celebration

***Nanka Yamanashi Kenjinkai So. Calif. Yamanashi Prefectural Association
100th Anniversary, 1904-2004***

The Aikido Center of Los Angeles 30th Anniversary Celebration

Date: April 28, 2004.

***Place: Hotel New Otani
120 S. Los Angeles St.
Los Angeles, CA. 90012
(1st & Los Angeles Sts. in Little Tokyo)***

*All are cordially invited to attend our 30th Anniversary Celebration of our Dojo
and Furuya Sensei's 45th Anniversary in Aikido.*

*\$100.00 per guest.
\$65.00 for Yamanashi Kenjinkai Members
(Over 65 years old.)*

Please indicate dinner choice of:

*Casino Roast Beef (with wine mushroom sauce) Dinner
Fresh Salmon Dinner
Fresh Vegetarian Pasta Dinner*

Please send in your remittance with your names to:

**The Furuya Foundation
C/O The Aikido Center of Los Angeles
940 E. 2nd Street #7, Los Angeles, CA 90012
Attn: 30th Anniversary**

Programme for April 28, 2004

6:00-7:00pm Friendship-Cocktail Hour in Lobby

7:00pm Banquet Hall Doors Open

Words of Greetings

Introduction of Honored Guests

*Sambaso Japanese Classical Dance of Celebration
Fujima Kansuma Kai Members*

Toast

*Benediction by the Reverend Bishop Gengo Akiba
Director, North American Hdqtrs Soto Zen Buddhism, Abbot of Zenshuji*

Dinner

*Performance by Jake LaBotz
Country Blues Singer & Composer*

*Festival Sounds of Japan
Johnny Mori*

Greetings From Honored Guests

Greetings from Rev. Kensho Furuya

*Greetings from Mr. Tak Nishi
President Kenjinkai Kyogikai, Japan Prefectural Association*

*Greetings from Mr. Hideo Yonemochi,
Managing Director Aikikai Foundation, Aikido World Headquarters*

Words of Appreciation

Special 30th Anniversary Celebration Events

April 26, 2004

7:00-7:45pm

**Special Memorial Service by Rev. Shumyo Kojima, Zenshuji
For The Founder of Aikido
& the Late 2nd Doshu Kisshomaru Ueshiba Sensei**

Incense Offering

April 27, 2004

6:30-8:00pm

**Special Anniversary Practice
Hideo Yonemochi Shihan, 8th Dan
Jomu Riji, Managing Director of Aikikai,
Tokyo, Japan**

April 28, 2004

6:00-10:00pm

**30th Anniversary Celebration
New Otani Hotel**

April 29, 2004

6:30-8:00pm

**Special Anniversary Practice
Hideo Yonemochi Shihan, 8th Dan**

Arigato Thank You Party

**Acknowledged Friends &
Invited Honored Guests:**

(Attendance not confirmed at date of printing)

*Honorable Senator Daniel Inouye
Washington, DC*

*Consul General of Japan
The Honorable Yoshio Nomoto*

The Office of Mayor

*Mr. Hideo Yonemochi
Managing Director Aikikai
Aikido World Headquarters
Tokyo, Japan*

*Mr. Tak Nishi
President, Kenjinkai Kyogikai*

*Mr. Ted Kamei
President, Japanese Chamber of
Commerce*

*Bishop Gengo Akiba
North American Hdqtrs
Soto Zen Buddhism*

*Madam Fujima Kansuma
Kansuma Kai*

*Mrs. Irene Hirano
Director
Japanese American Nat'l Museum*

*Johnny Mori
Activities Director, JACCC
Festival Sounds of Japan*

*Mr. Frances Hashimoto
President
Little Tokyo Businessmen's Assc.*

*Mr. & Mrs. Noritoshi Kanai
Former President
So. Calif. Japanese Chamber of Com.*

Honored Guest: Hideo Yonemochi Sensei



I would like to express my congratulations on this 30th anniversary of the Aikido Center of Los Angeles.

I first met Furuya Sensei in 1969 when he was still a student at the University of Southern California. At that time, he practiced very hard. After his graduation, he worked for the Bank of Tokyo, working during the day and practicing every night. After developing himself further in Aikido, he decided to do Aikido professionally. Today, we celebrate the 30th anniversary of his dojo. In addition, during this period, to develop himself further, he went to Hombu Dojo in Japan to study under 2nd Doshu Kisshomaru Ueshiba Sensei. He has taught many, many students in his dojo and now there are numerous sister dojos throughout the world. This is a double celebration of not only his dojo but of the 100th anniversary of the Nanka Yamanashi Kenjinkai and I would like to give both my deepest congratulations . . .

Hideo Yonemochi

Managing Director, Aikido World Foundation, Tokyo, Japan

*Mrs. Tatsuko Sato
Former President
Nanka Yamanashi Kenjinkai*

*Rev. Shumyo Kojima
Zenshuji Soto Mission*

*Mr. Chris Komai
Rafu Shimpo*

*Mr. Mickey Komai
Rafu Shimpo*

*Mr. George Takei
Actor*

**Special Acknowledgements & Grateful
Appreciation For Continued Support**

*3rd Aikido Doshu
Mr. Moriteru Ueshiba Sensei
Aikikai Hombu Dojo*

*Mr. Masatake Fujita Sensei
Aikikai Hombu Dojo*

*Mrs. Teru Ikeda Sensei
Aikikai Hombu Dojo*

*Shrfu Adam Hsu
Traditional Wushu Association
Taipei, Taiwan, ROC*

*Most Reverend Ryugen Ogasawara
Abbot of Kotakufi
Matsumoto-shi, Nagano, Japan*

*Most Reverend Dr. Trogawa Rinpoche
Chakpori Medical Institute
Sikkim, India*

*Deadline for Anniversary Reservations
March 18, 2004.*

*Please get your reservations and fees in asap.
Many thanks for your support.*

Special Practice With Yonemochi Sensei

April 27. 6:30-8:00pm

April 29. 6:30-8:00pm

For those not attending the Celebration on April 28th., there is a \$25.00 mat fee donation. Please send in your fees before April 15th. \$30.00 at the door. Many thanks.

**Special 30th Anniversary Program
In Lieu Of April Newsletter :**

In lieu of the April Issue, we will be publishing a Commemorative Program for our 30th Anniversary Celebration. This program will not be sent out as our usual monthly Newsletter. However, if you like this special souvenir Program issue, please remit \$10.00 per issue to the Dojo. Outside the US, \$15.00. There is a limited supply so please reserve your issue early by sending in your donation or using Paypal. First come first served basis. Many thanks for your support and donation, it is very greatly appreciated. Thank you.

Sensei's 30th Anniversary Greetings:

As all my students know, we are celebrating the 30th anniversary of our Dojo on April 28th at the New Otani Hotel. This is the biggest landmark event held by our Dojo to date and I am hopeful that all my students will participate in this important and joyous celebration. Today, everyone enjoys a nice dojo and classes going on seven days a week. We have 15 dojos around the world who are affiliated with us. I think that few students today realize the great hardships and sacrifices which were made so that we have such a dojo today. We should appreciate this and also realize that the same sacrifices and obstacles we overcome today in our own practice will contribute to the future of Aikido students yet to come. In these times, when we are all trying to discover something new and exotic in our practice and in our lives, I am recommending that we study the old traditions handed down by O'Sensei and use this great wisdom to finally take an important step into the future of your lives. As the old saying goes, "the spring water is purest at the source." Only drink from the purest waters.

This is a very thoughtful time for me with the happy news of Santiago's new baby and with two other senior students both expecting new additions to their families, I think of the future of Aikido. At the same time, as President of the Nanka Yamanashi Kenjinkai, I think about this organization which has lasted 100 years to this day and of all of the past members and their struggles and sacrifices through extremely difficult times to settle in this country and how we have come to this present day and age. Two worlds take me into the future and into the past at the same time. . . .

This event personally marks my 45 years in Aikido, almost my entire life in this planet, having started with I was 10 years old. . . . as I get older and accumulate more and more years of experience with the passing of time, I reflect more and more on my life and the direction I need to take my students in this day and age. Inevitably, the battle and journey must continue onwards beyond myself. . . .

There is so much I feel my students have missed from the past, yet, they still face a great future in the coming days and years. Your Aikido training is far more valuable to you than you can even imagine in your practice today. As the years have passed on as in my own case, this will eventually become clearer and clearer to you.

Do not be lost, but be single minded in your purpose in Life. Aikido will give you the strength to overcome all obstacles. Look to your elders and predecessors, like the senior members of the Naka Yamanashi Kenjinkai. When I hear the stories of their lives in a different, earlier age, I am ashamed of my own small, humble efforts.

Finally, we must all work together well and continue to train ourselves so that we can carry the message of Aikido to future students.

We live in such a materialistic world, yet happiness is still only achieved in the world of one's spirit and heart.

Best wishes and many thanks to all my friends and students and to those who have so generously and kindly helped me to develop our dojo today. Please enjoy our 30th Celebration and be proud of your own efforts to build such a nice dojo as ours in the community.

*In Gassho,
Rev. Kensho Furuya*

Congratulations! Santiago & Susana's New Baby:

02-12-04: Sensei, At last the baby comes, this 10 of February at 21:10 after 12 hours of waiting for his mother and me. But the baby is Ok, is a big boy (7.9 Lb) and good health. I send you a picture with a few hours in this world. ... almost forget it, his name is Juan Antonio (as my father's name). Now Susana is so tired but is fine, Always, Santiago Almaraz, Salamanca Aikikai, Salamanca, Spain.



Santiago's Los Angeles Schedule:

02-19-04: Sensei, I have the schedule of our fly to Los Angeles. We leave Spain 23 of April at 11:35 and will arrived in New York and we change our plane and we leave NY at 15:30 and arrived to Los Angeles at 18:30 The flight is Continental Airlines 7906. I will confirm this one week before we go to Los Angeles.

Everything is Ok, Susana and me do not sleep very well for the baby but is fine. He sleeps and eats all the time.

I would like to bring my sword with me to practice Iaido but I think that it's not a good idea with all the controls in the airport. So if it's possible somebody let use one sword for those days.

I'm happy to see you soon again Sensei. My very best, Santiago

Scheduled 30th Celebration Performance: Jake LaBotz:



"I was raised in the blues capitol of the world, Chicago, Illinois, but it was the older version of this music, the Mississippi delta blues, which I became drawn to as a teenager. I befriended legendary bluesmen Honeyboy Edwards, Homesick James, and Maxwell Street Jimmy Davis, who like many African-Americans of their era, had moved up north to Chicago from Mississippi seeking better opportunities. These men were kind enough to share their music, their homes, their stories and, eventually, the stage with me.

I will be performing some of their style of music as well as some of my own compositions." Jake practices Aikido everyday and is a very hard worker and has consented to perform for us at our event.

From Veracruz Dojo To LA:

Dr. Roberto Magallanes, Dr. Alvaro Meza and his student, Miguel, will be joining us from Mexico for our 30th Anniversary Celebration. Looking forward to seeing you all. Many thanks!



30 years in the making, The Aikido Center of Los Angeles.

Notes On Iaido Training:

It is important to master the fundamentals correctly from the very beginning. Without this important consideration, your lack of understanding of the basics will always be your weakest link in practice and a major obstacle to your advanced progress and you will never be able to escape this.

At the beginning of your practice, do not worry about flash or strength or speed but concentrate on correctness of your technique. Speed and strength will naturally follow as your body begins to understand the technique itself. Do not try to understand the techniques intellectually, but try to "feel" the proper timing and spirit through your body. "Intellectually" only means that you are trying to make sense out of something that is, at the moment, beyond our comprehension and understanding. In Iaido practice, understanding, like speed and strength, will come naturally as your progress in your practice.

Always observe modesty in practice. You will never know enough to stop learning. To stop learning is to stop practicing even if you are still moving the sword around in the air. . . .

Finally, develop a keen, sharp eye which can catch even the finest, tiniest detail of any movement. This is so important in practice. Most people are too much into themselves and cannot see anything of the world around themselves - blind, although one can still see.

Dojo Newsletter Subscriptions

If you wish to continue receiving our Dojo Newsletter, please send in a small donation to cover the costs of printing and shipping. Due to the rising expense of publication, we will be limiting our mailing list to paid subscribers only. Many thanks for your attention in this matter.

Do: The Path

People can be very motivated if there is something to gain. This is true of all physical training and effort.

To be motivated and dedicated to something in which there is no merit or benefit at all, is the essence of all spiritual training.

If you compare yourself to others, you will lose sight of the Way. If you compare everything to the Way, you will find yourself all alone. . . . Enlightenment is the true battle of "the self making the self into the self."

Visit Our Website Daily
www.aikidocenterla.com
For Sensei's Daily Message

The Furuya Foundation:

Mr. Ken Watanabe - President

Mr. Gary Myers - Secretary

Mr. Mark Ty - Treasurer

Dr. Cheryl Lew - Senior Counsel

Mr. Jonathan Altman - Legal Counsel

The Furuya Foundation is dedicated to preserving the Dojo and its continued operation maintaining the highest standards of practice and the work of Furuya Sensei in research and education in Aikido, the traditional Japanese sword & related arts and their history, culture and traditions. Your donations & contributions are welcome.

Affiliated Branch Dojos

Aikido Kodokai

Salamanca, Spain
Santiago Garcia Almaraz

Hacienda La Puente Aikikai

La Puente, California
Tom Williams

Wyoming Aikikai

Sheridan, Wyoming
Tom McIntrye

Bahamas Aikikai

Grand Freeport, Bahamas
Seymour Clay

Jalisco Aikikai

Jalisco, Mexico
Eric Jaracho

Aikido of Guadalajara

Guadalajara, Mexico
Raul Blackaller

Aikido of Puerto Vallarta

Puerto Vallarta, Mexico
Eric Jaracho, Raffi Badalian

Association D'Aikido Pour Demain

Paris, France
Cyril Danan

Aikikan

Rehovot, Israel
Ze'ev Erlich

Valladolid Aikido Dojo

Valladolid, Spain
Felix Ares

Veracruz Aikido Dojo

Vera Cruz, Mexico
Dr. Roberto Magallanes
Dr. Alvaro R. Hernández Meza

Marco Giuseppe Marangoni

Monza, Italy

Welcome To The Aikido Center of Los Angeles



Aikido Center of Los Angeles

Our Dojo's 30th Year, 1974-2004.

Our dojo is dedicated to the practice of traditional Aikido as taught by the Founder of Aikido, Morihei Ueshiba and his legitimate successors, the late 2nd Doshu Kisshomaru Ueshiba and the present 3rd Doshu Moriteru Ueshiba.

You are very welcome to visit our beautiful, hand-crafted, traditional Japanese Dojo during posted training hours. All practicing Aikidoists are welcome to train with us or observe our training. Interested students and visiting Aikidoists are always welcome to join our practice. Directly affiliated with Aikikai Hombu, Tokyo.

**Please Visit Our Website:
www.aikidocenterla.com.**

Joining The Dojo:

Becoming a member of the Dojo is very easy. Please come to observe any of our Open Beginning Classes. You do not need to call to make an appointment, just check our Training Schedule and Calendar of Events for the current times. After class, you may speak with one of the black belts or assistant instructors. To sign up, one needs to fill out the application form and pay the initial fees. Please note that there are no refunds, no exchanges or make-up classes. Discounted Family rates are available. Welcome for the Dojo!



Rev. Kensho Furuya, 6th Dan

Japanese Swords: Appraisal & Restoration

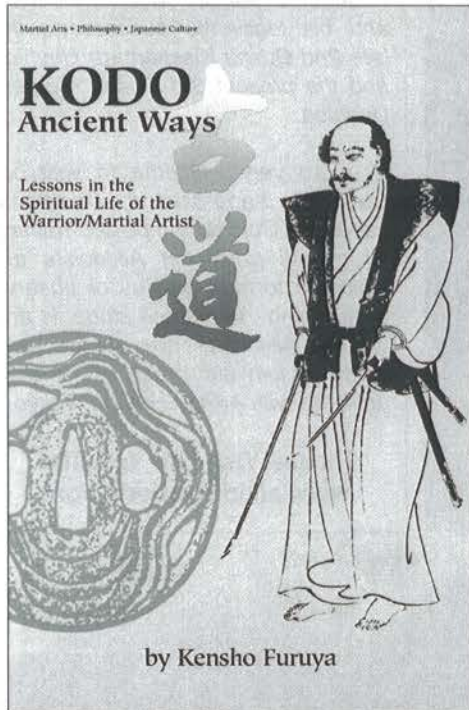
Expert appraisal on Japanese swords. Complete services for restoration of Japanese art swords and custom-ordered Iaito training sword. Services include polish, handle wrapping, scabbard lacquer work, special orders. By appointment only.



Japanese Swordsmanship: Muso Shinden Ryu & Toyama Ryu Iaido

We offer instruction in the traditional art of Iaido, the art of the Sword. Serious students are always welcome. Iaido demands a strong commitment of time, honor, perseverance and integrity. It is a spiritual art with a history and tradition of over fine hundred years. It is an art which is rapidly disappearing in our modern world today. We welcome all interested students to join our training. You will learn the proper etiquette and handling of the Samurai sword and its usage as a real weapon. This is not sword play, movie stunt action or performance-competition. This is a real, traditional martial art discipline.

RECOMMENDED: Ways: Lessons In The Spiritual Life of the Warrior-Martial Artist



KODO

Ancient Ways:
Lessons in the Spiritual
Life of the Warrior
Martial Artist

Rev. Kensho Furuya

Please place your orders through:
Aikido Center of Los Angeles,
940 E. 2nd St., #7, LA, CA 90012

\$16.95 + \$3.00 S&H
Payable to Aikido Center of Los Angeles
Foreign postage: \$5.00 S&H

Our International Aikido Kodo-Kai.

We do accept all Branch Dojo affiliations with any dojo who practices and follows the Aiki Kai Hombu Dojo training, rules and standards. This also includes commitment to 3rd Doshu and the Ueshiba Family as the founding family and originator of our art. You are welcome to make inquires by email or letter. Our purpose in this is to help and aid others in the correct practice of Hombu Aikido and to spread the correct interpretation of O'Sensei's teachings to the best of our abilities.

Requirements for Affiliation:

1. Practice correct Hombu Aikido with good spirit and energy.
2. Do not dabble in politics or intrigues. Please get along with each other in the dojo and other dojos in a friendly way.
3. Follow O'Sensei's and his Successors' Aikido with honesty and commitment, pursuing your training with the Beginner's Mind.
4. No competition. No unsuitable, blatant commercialism.
5. No drugs. No harmful abuse. No inappropriate behavior.

Our Dojo's Mission:

We are not-for-profit, traditional Aikido dojo struggling to preserve the honored, old values and traditions of the art. We are always dedicated to maintaining the highest standards of the art in a Dojo which, itself is considered a work of art. With your continued understanding and support, we hope that you will dedicate yourself to your training and do your best to support the work of the Dojo. This is greatly, very greatly appreciated, Always, Aikido Center of Los Angeles, Rev. Kensho Furuya

All Black Belt Candidates & Senior Students Recommendations:

1. Please attend all intermediate & advanced classes. Maintain regular, consistent training schedule. Attendance is most important.
2. Please attend monthly early Morning Intensive. 6:30-8:00am. Early morning training is to honor O'Sensei's Memory and is required for all Black Belts..
3. Please attend and assist Sunday morning Children's Class. This is the best training to become a good Aikido instructor.
4. Please help with the opening and closing chores and keeping the dojo immaculately clean, neat and in good order.
5. Please be a good role model for junior students. Be helpful and friendly but modest and humble. Demonstrate by your actions, not words and idle chit-chat. Be a good example both on and off the mat.
6. You must develop good, strong, correct technique. Concentrate and master the fundamentals inside and out.
7. Please always keep in mind that Aikido is not competition in any form, in strength, rank, power, prestige, position, or social status. Practice correctness over strength.
8. Beyond physical technique, Aikido means goodness. Good technique does not come without good character. Practice benevolence in all aspects of training.



Ken Furuya and Santiago G. Almaraz. Aikido knife techniques..60 minutes. \$50.00.

Life Learning:

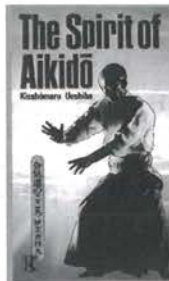
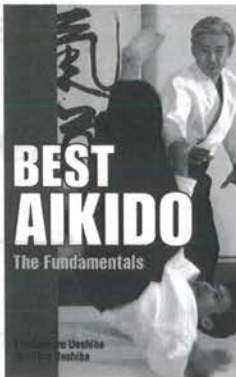
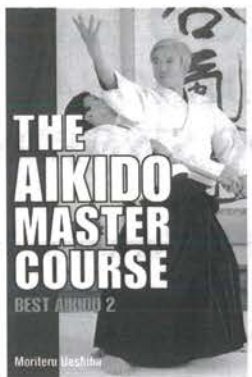
Just because someone is very talented, young and strong, does not necessarily mean that they will be skillful in Aikido. Just because a person is slow with no athletic ability at all, does not necessarily mean that they will not do well in the art. Often, an average teacher can produce a very good student. Many times, a very good teacher cannot any good students at all. Teaching and learning do not go by any logical system nor can outcomes be predicted by a formula or reasoning. The human factor is always a major element in Aikido. More than going by material odds and ratios, we must emphasize these human qualities in practice. To be respectful, humble, hard working, loyal, compassionate, dedicated, helpful and all such qualities as these will determine the outcome of a student's training. Even a very strong, young student of exceptional skill will not do well or be respected if he does not have the qualities of respect, discipline, compassion and dedication. I think this is important to understand in all aspects of daily life.

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Published by Rev. Kensho Furuya, The Aikido Center of Los Angeles, 940 E. 2nd Street #7, Los Angeles, CA 90012
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Suggested Readings
On Aikikai
Hombu Aikido:
(Please use books
and references as a
supplement to your
training.)



In Japanese

規範 合気道 基本編



aikido
by Kisshomaru Ueshiba

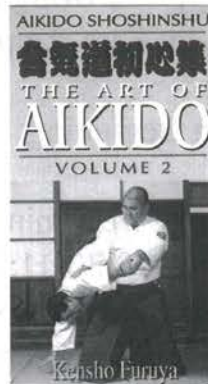
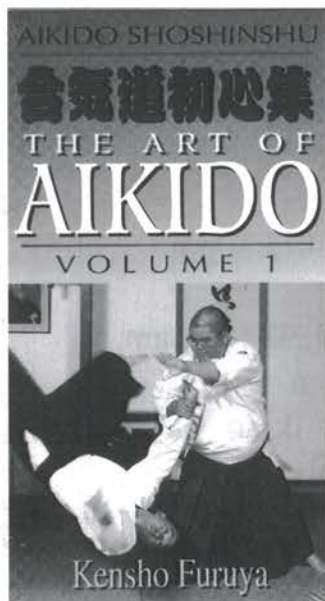
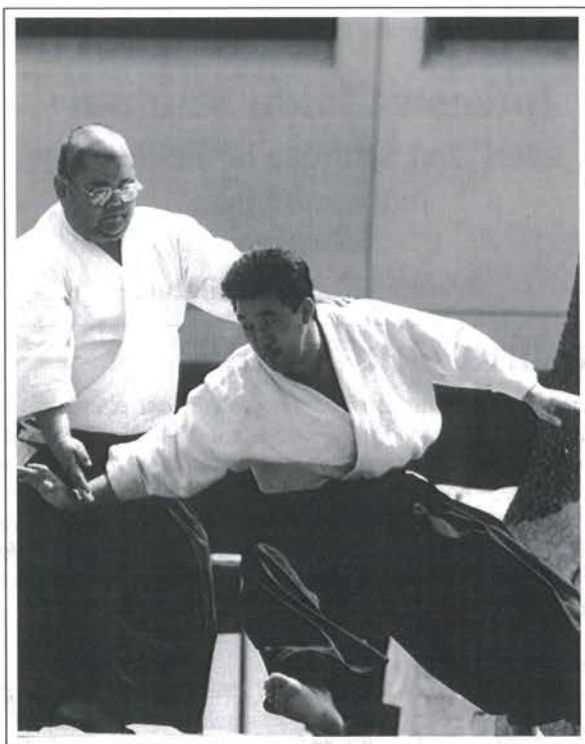


Highly Recommended:

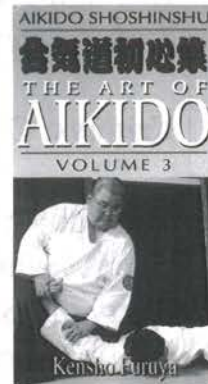
The Art of AIKIDO

Aikido Instructional Video Series in Nine Volumes

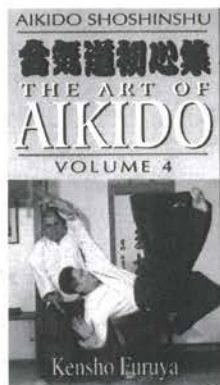
"Top Rated" Karate Illustrated "Impressive Scope" Aikido Today, "Exhaustive" Aikido Journal"



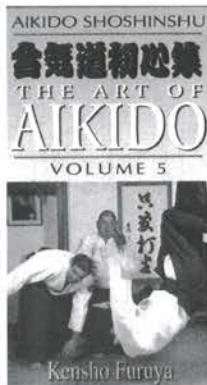
Basic Techniques
Throwing & Joint
Techniques, Ikkyo, Nikyo,
Sankyo, Yonkyo & Gokyo



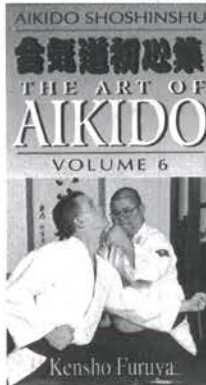
Ukemi-Breakfalling
Basics Continued
Free Style Techniques
Tenshin. Ki. Breathing.



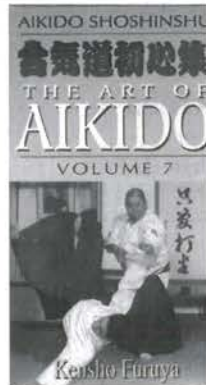
Katatetori Ryotemochi:
Ryotetori: 2-hand.
Reigi-saho: Etiquette.
Koshinage-Hip throws.



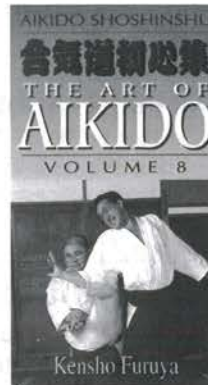
Suwari-waza. Gokyo.
Hanmi-handachi. Kokyu-
dosa. Katatori: Shoulder.
Multiple attackers.
Five-man Freestyle.



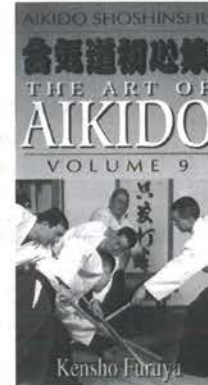
Tsuki: Strikes & Punches
Yokomenuchi: Strikes to
the side of the head &
neck.



Shomenuchi, Ushiro
Katatetori Kubishime:
Chokes from behind.
Ushiro Ryotetori,
Ryohijitori, Ryokatatori.



Atemi-waza: Striking
Defense against kicks.
Tanto-tori: Knife defense.
Aiki-ken: Sword Training
Fundamentals.



Jo: Basic long staff
Fundamentals.
Complete 1st Degree
Black Belt Examination

Aikido TRAINING SCHEDULE

AIKIDO for ADULTS

Sundays: Children's Class: 9:00-10:00am

Open Beginning: 10:15-11:15am

Mondays: Open Beginning: 5:15-6:15pm &
6:30-7:30pm.

Tuesdays: Open Beginning: 5:15-6:15pm
Intermediate 4th & Up: 6:30-7:30pm.

Wednesdays: Open Beginning: 5:15 6:15pm
& 6:30-7:30pm.

Thursdays: Open Beginning: 6:30-7:30pm
Beginning Weapons, Bring Bokken & Jo:
7:45-8:45pm, 4th Kyu & up.

Fridays: Open Beginning: 6:30-7:30pm.

Saturdays: Open Beginning: 9:30-10:30am.
Open Beginning: 10:30-11:30pm.
Every 4th Saturday: Intensive Aikido:
6:30-8:00am. 3rd Kyu & up only.

CHILDREN'S CLASSES

7- 16 yrs old

Sunday Mornings 9:00 -10:00am

Affiliation

AIKIDO WORLD HEADQUARTERS

Aikido So-Hombu Dojo - Aikikai

17-18 Wakamatsu-cho, Shinjuku-ku, Tokyo, JAPAN

We are committed to the study and practice of the teachings of the Founder of Aikido, Morihei Ueshiba and his legitimate successors, Kisshomaru Ueshiba and the present Moriteru Ueshiba Doshu.

Aikido Center of Los Angeles

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Iaido TRAINING SCHEDULE

TRADITIONAL JAPANESE IAIDO SWORDSMANSHIP

Sunday Mornings: 7:45am-8:45am

Thursdays: 7:45-8:45pm (Weapons)

Saturday Mornings: 8:00am-9:00am

No Classes on the last weekend of the month.

Intensive Iaido Seminar

Every 2nd Saturday of the month.

6:30am-8:00am

Private Classes Available.

Finding Our Dojo:

We are endeavoring to maintain the highest standards of training while preserving the True Spirit of Aikido. We hope you will appreciate our efforts and undertake your training with devoted and committed energy. Your efforts, we believe, will be greatly rewarded. We welcome you to an ancient and profound art. We welcome you to our Dojo. Everyone, beginners and active Aikido students alike, are cordially welcome to join our training. Thank you.



We are convenient to most major freeways. Enter private lane at Vignes and 2nd Streets. We are one block west of Santa Fe Ave. and several blocks east of Alameda in Little Tokyo. The **Easiest Way:** From Alameda go east on 1st St and make right turn at Vignes. Do not turn on 2nd St. but go straight into the private lane. Look for the garden.